

OHSA/District policy - Each athlete will need the following to participate in tryouts and practice.

Physical - Athletes must have a valid Physical Exam on file (dated within 13 months of physical exam) dated and signed by a doctor. (Email a PDF copy to tcain@solonboe.org or susanbubonics@solonboe.org or give the hard copy to the coach). [Physical Waiver Form Link](#)

Final Forms - Each athlete must be registered on Final Forms and all forms must be signed electronically. [Final Forms Link](#)

Solon Middle School Spring Sports	DATES	TIME	LOCATION
TRACK 7th and 8th Graders	Meeting: 2/15 Practice: begins 3/4 for girls and 3/5 for boys	3:35 pm 3:45-5:30 pm	SMS Lecture Hall SMS Track
BOYS TENNIS 7th and 8th Graders	Try-outs 3/18-3/22	3:45 -5:00 pm	Solon Community Park Tennis courts
GIRLS SOFTBALL 7th and 8th Graders	Meeting: 2/13 Try-outs 2/26-3/1	3:30 4:00-5:30 (Pitchers/catchers stay till 6 on Tues 2/27 and Thurs. 2/28)	MS Gym Gym or field
BOYS BASEBALL 7th and 8th Graders	Try-outs 2/28-2/29 PITCHERS and CATCHERS ONLY 3/4- 3/8 - position players	4:00 - 5:30 pm 4:00 - 5:30 pm	Gym or field Gym or field
GIRLS LACROSSE 7th and 8th Graders	Try-outs 3/14 and 3/18-3/20	3:45 - 5:15 pm	Solon MS football field or gym
BOYS LACROSSE 7th and 8th Graders	Meeting 2/23 Try-outs - 2/26 - 3/1	7:00 pm 5:00 - 7:00 pm	Solon HS (rm 101 - by wt. room) Solon MS football field or gym